



# KRISTIN HODGE

Athletic Trainer

Hinco LLC

## CONTACT

---

PHONE:  
402-405-3997

EMAIL:  
[kristin@hincosolutions.com](mailto:kristin@hincosolutions.com)

Kristin's education background is in sports medicine. She has a B. S. in Athletic Training from the University of Nebraska and a M. S. in Exercise Science from Arkansas State University.

Kristin spent eight years working at Division I Universities as an athletic trainer for various sports, to include mostly volleyball and women's basketball. Her time there included a trip to Kazan, Russia as part of the sports medicine team for USA Volleyball at the World University Games.

In 2014, Kristin transitioned to working in an orthopedic clinic doing outreach to local manufacturing companies in their on-site medical clinics. Using her background in biomechanics and injury prevention, she assessed and treated new injuries, designed stretching programs, and did ergonomic corrections, among other things.

In 2018, Kristin moved back to Nebraska and started her own company, Hinco LLC (Hodge Injury Consulting); helping companies in the region reduce work comp orthopedic injuries.